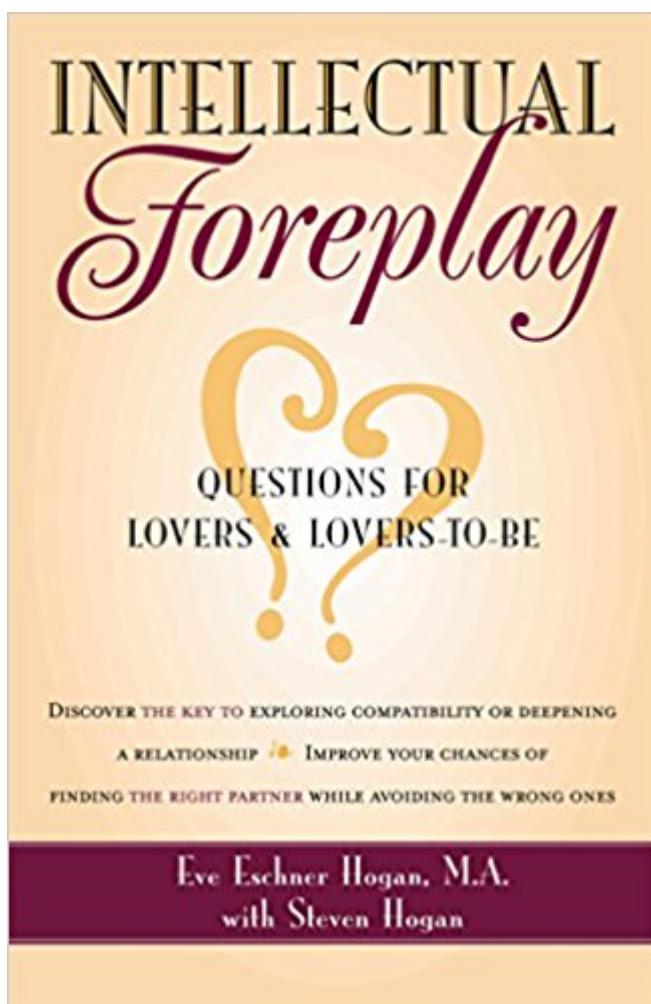


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# Intellectual Foreplay: A Book Of Questions For Lovers And Lovers-to-Be



## **Synopsis**

This solutions-oriented guide offers problem solving and behavior changing strategies for people working on their most intimate relationships. The book provides readers with: enhanced knowledge of their own and their partners' beliefs, values, habits, desires, goals, likes, and dislikes; ideas for opening communication and deepening a relationship; skills for making healthy decisions about lifestyles and boundaries; an in-depth understanding of the role of self-esteem in relationships; increased ability to let go of the past and embrace the present; and the knowledge that it is important not only to choose the right partner, but also to be the right partner. What distinguishes *Intellectual Foreplay* from similar titles is that it includes guidelines on what to do with the answers it gives. This makes it useful in both creating and sustaining a relationship.

## **Book Information**

Paperback: 273 pages

Publisher: Hunter House (January 20, 2000)

Language: English

ISBN-10: 0897932773

ISBN-13: 978-0897932776

Product Dimensions: 0.8 x 5.8 x 8.8 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 84 customer reviews

Best Sellers Rank: #122,392 in Books (See Top 100 in Books) #79 in Books > Self-Help > Relationships > Mate Seeking #190 in Books > Self-Help > Relationships > Dating #429 in Books > Self-Help > Sex

## **Customer Reviews**

"What should you ask someone before you get seriously involved?" Eve Eschner Hogan wondered while she was starting a long-distance relationship with her future husband, Steve Hogan.

*Intellectual Foreplay* is designed to spark stimulation and interest through intimate communication.

"Like its physical counterpart, [it] can build excitement and desire--or quickly reveal a lack of compatibility, saving you months, or even years, of developing a relationship that isn't going to work," say the authors. It's an interesting concept: questions to ask to determine compatibility or just get to know a lover or potential lover better. The book starts with "Who Are You?" questions covering a myriad of topics, such as self-esteem, values, hobbies, trust, romance, spirituality, health, and time management. Other sections include "Where Did You Come From?" (past, family,

friends, education, and intelligence), "Where Are You Going?" (money, work, and future), "Can We Live Together?" (home, household responsibilities, food, bathroom, pets, vehicles, garden), and "Where Are We Going?" (vacations, holidays, children, wedding, and sex). Some questions will strike you as significant and others as unsubstantial--choose the ones that intrigue you. Tips for using the questions productively are peppered throughout the book. For example, figure out your top 20 "non-negotiable" questions and answer them yourself before asking them of a partner. It's an interesting spin on relationship deepening, and will certainly spark conversation. --Joan Price

People are freaked when they hear the title. But, the focus is to challenge yourself to establish your values (core and flexible) as well as finding out what your partner (or potential partner) wants in a relationship. Whether on a first date, rearing children, empty nesters, or helping others (such as your own children) go through the process of communicating and sharing your thoughts and feelings as to what is important to you and your future, this book is a great tool. I got this for my wife, and my three teenage girls for Christmas. I even brought it out at our family Christmas party and read through some of the questions and EVERYONE was interested (even my parents!) I was mostly considering this book for the girls as I want them to be thoughtful in the relationships they choose. I don't want them to "fall in love" and then "fall into divorce" like I did because we weren't compatible. Even if you are already married (as I am again), you can read together and discuss what is important to each other. A definite must for EVERYONE!

My new introvert boyfriend showed me this book. We answered every single question in the book together before deciding to get engaged. That was 6 years and a kid ago. I can honestly say there have been no surprises and we truly enjoy each other. I recommend this book to EVERYONE who wants to deepen their relationship or figure out if he/she is the right one!

No matter how much you think you know about your significant other... IF you are Ready for a SERIOUS relationship... THIS IS REQUIRED - prior to any commitments!!! Although - it is also great for any current relationship as well.... I highly recommend this book - it is a wonderful way to discover who YOU are and who you are getting into relationship with. Are you compatible or is this the question that the answer will be the deal breaker? I LOVE IT.... and have bought several as gifts.

My husband and I borrowed this book from a friend when we were first starting to date. Instead of

watching a movie, we would pull out the book and ask each other questions. I'm convinced that this book helped lay a VERY solid foundation for our relationship. It is not my #1 piece of "advice" I give to newly engaged couples as they prepare for marriage. This was especially helpful in starting discussions on things we often take for granted or are uncomfortable discussing. This book covers just about every area of life, from childhood memories to views about money, household chores, kids, etc. The chapter on sex was VERY enlightening, as it opened discussion about something neither of us had been comfortable talking about. I HIGHLY recommend this book to anyone in a relationship, or wanting to be in a relationship.

This is the second time I bought this book...the first time I gave it as a gift and the couple loved it!...so I bought one for myself!

The new girlfriend recommended this and it has generated conversation that may never have happened. It also started conversation that opened opportunities and created bonding that caused security in a new relationship. Using this tool you will find out sooner if you continue and move forward or cut and run. I found a keeper and will continue to use it as a tool to enhance communication.

As a therapist, I'd recommend this book to any couple, at any stage of their relationship. Provides platform for great conversation and learning experiences about one another or revisit areas may have discussed in the past

Lots of good questions that let you know much about that important person in your life. I use it almost every day. Gives you a firm foundation.

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